

# NEWSLETTER

## DATES FOR THE DIARY

1st June Trial classes open for new members  
(bookings via the website)

22nd June IGA WAG Level 1 Coaching Course @ NELGC

30th June - 5th July NELGC Annual Club Grading

30th June - 5th July Viewing for Tumbling Stars 5 & 4 Classes

30th June Booking for next term opens

1st July Additional trial classes for new members  
(bookings via the website)

11th July 2025 @ 6pm NELGC AGM.

19th July 2025 - Last day for classes.  
We are closed for 4 weeks

Club reopens Monday 18th August 2025.

Sunday 7th September at Milton Keynes South level 10 & 9

Sunday 28th September at Salto Luton GK level 10 & 9

Saturday & Sunday 11th & 12th October at The Vault, West  
Oxfordshire

Sunday 19th October at Salto Luton GK level 8

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## OUR FIRST YEAR WITH IGA

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I'm delighted to say that our move to IGA as our new governing body has been hugely successful. We would like to share some of the successes with you.

### IGA membership was integrated into the monthly fees.

This change eliminated the cost and administrative effort associated with registering and paying separately for all our members. We believe this has improved the experience for our members and kept costs lower.

### Competition 2025 Results

Our first ever competition with IGA was the **Jumpz Invitational - January 25th, 2025**. We are proud to report that seven of our gymnasts participated in this event held in Milton Keynes. They competed in floor and vault events against some of the best gymnasts in the country within their respective categories.

#### Results:

Gabriella: Bronze on floor, Gold on vault, Willow: Bronze on vault, Edith: Bronze on floor, Gold on vault.

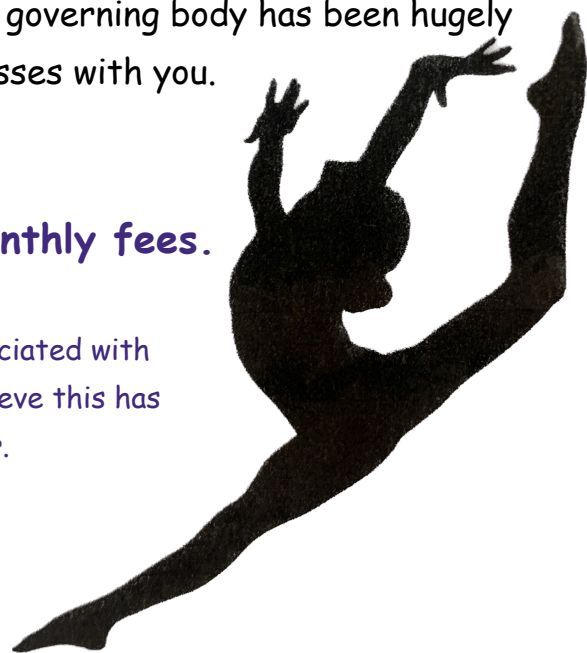
Our next event was the **GFA National Finals**! We are thrilled to share that 21 of our floor and squad gymnasts participated in the **GFA National Finals in Oxfordshire on February 9th**. Many of our gymnasts achieved top 3 placements in the floor, vault, and trampette events across the day.

#### Results:

Level 4 Trailblazers - Keeva: Silver on trampette, Elsie: Silver on trampette, Olivia: Gold on floor, Bronze on trampette, Isabella: Bronze on vault, Grace: Silver on floor & trampette, Gold on vault, Elizabeth: Silver on trampette.

Level 4 Skills Seekers - Cielo: Gold on trampette, Juno: Silver on vault, Lara: Bronze on vault, Bronze on trampette, Maggie: Bronze on trampette, Rory: Gold on vault, Silver on trampette.

National Floor and Vault Finals - We are proud to announce that we took 25 gymnasts to compete the **National Floor and Vault Finals held in Milton Keynes on Sunday, March 16th**. They competed across all categories and we had gymnasts competing in four rounds.



## OUR FIRST YEAR WITH IGA

### Results:

Level 8 Skill Seekers - Eira: Gold on floor - Ava: Silver on floor, Bronze on vault

Level 8 Trailblazers - Leia: Silver on vault - Margot: Bronze on vault

Level 9 Skill Seekers - Emily: Silver on floor - Charlotte: Gold on floor - Lila 1st overall, first on vault, 2nd on floor - Rosy 2nd on vault - Bella 3rd on vault, 1st on floor - Noam 3rd on floor - Ivy 2nd on floor

Level 7 Trailblazers- Maggie: Bronze on floor Gold on vault

Level 9 Little Leapers - Crystal: Gold on floor - Grace: Bronze on vault

Level 7 Pioneers - Edith: Bronze on floor - Tamar: Silver on vault

**Gem Grades National Finals 2025** - Another fantastic competition and the sun was out! 12 gymnasts took part in this event held in High Wycombe on Saturday, April 5th. Our gymnasts did an outstanding job competing on floor, vault, bars, beam and range. They competed cleanly with no major mistakes, and all successfully passed their grades for this year! Plus there were a few outstanding performances that were placed on the podiums.



### Results:

Quartz Skill Seekers - Charlotte: Bronze on bars, Anastassija: Gold on bars, Bronze on beam, Margot: 3rd on bars

Quartz Trailblazers - Alexandra: Bronze on floor

Quartz Little Leapers - Crystal: 2nd overall, Silver on vault, Bronze on beam, Gold on floor, Silver on range, Grace Gonzalez-Ymeri: Bronze on range

**Congratulations to all our gymnasts for their remarkable performances!**

**We're absolutely thrilled to announce that we've become an IGA training venue.**

Our very first course, the Level 1 Artistic coaching program, is launching this June, and we couldn't be more excited! We're so proud to have seven of our own candidates ready to dive in and boost their coaching skills and knowledge. Stay tuned for all the exciting updates!

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# NOTICE OF AGM

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**WE WOULD LIKE TO INFORM YOU ABOUT THE UPCOMING**

**ANNUAL GENERAL MEETING (AGM)**

**@ NORTH EAST LONDON GYMNASTICS CLUB**

**6 PM ON JULY 11, 2025,**

**WE ENCOURAGE ALL MEMBERS TO ATTEND AND PARTICIPATE IN THE DISCUSSIONS.**

**YOUR INVOLVEMENT IS IMPORTANT TO US!**

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## ANNUAL CLUB GRADING

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Join us for the annual club grading event from June 30th to July 5th, 2025! All gymnasts in Tumbling Stars 3, 2, 1 Bronze, Silver, and Gold classes will be participating. We encourage all parents to attend and show their support for our talented gymnasts. The event will take place in your child's normal class so they just need to turn up as usual for their class in their club training outfit with their hair neatly plaited back please. Parents - we would love everybody to attend but as you know we just don't have space for the whole family to fit in the building. The event is just for a parent or guardian to attend we are not able to allocate space for grandparents, friends or siblings. So please just stick to 1 parent. Additional spectators can view using the Zoom link which will be sent earlier in the day for each group to the email on your club portal only.



Your child doesn't need to practise at home but they do need to attend all the sessions leading up to the grading so they are fully prepared for the event. If you know your child is going to miss the grading please mark them ABSENT in the portal and notify your child's coach as soon as possible. If you are likely to miss sessions leading up to the event please mark this on the club portal asap and speak to your child's coach to check if they will be ready to perform.

Stay tuned for more information on routines and event details!



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# TIMETABLE CHANGES

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The management team has been diligently preparing for next year, focusing on many new developments. One of our key initiatives is to revamp the timetable to ensure smoother class flow and foster teamwork among our coaches. By making these changes, the senior coaching team can ensure the gymnasts have the most engaging and progressive sessions and the coaches are supported with their continuous professional development. As a result, there will be significant changes to the schedule for the upcoming academic year which may affect your child's class time. This decision reflects our commitment to continuously enhance the service we provide. The new timetable will be published from the 30th June so if you have anything that you need to discuss you will be able to speak to your coach or one of the team at the viewing or grading event that is taking place that week.

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# IMPORTANT CLOTHING UPDATE

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We have been having a difficult year with clothing suppliers! Earlier in the year the company we purchase our tracksuits from ceased trading but we did manage to find an alternative company that was able to supply the same Joma range and also the Club Onesies which was great news. We were not however able to continue to use the Women's Artistic Squad Leotard.

Tumbling Stars Girls Leotards - Whilst the company is still operating they are unfortunately unable to supply the leotard that we have been using and the date that they will be available keeps being moved back. So we have made the decision to try and use another company that is able to provide a consistent supply of the items that we need.

Tumbling Stars Boys leotards and Squad Leotards - We have just been informed that SOWOT will cease trading at the end of June. So another unexpected blow!

## **What we will do:**

The club is holding a stock of girls long Sleeved Competition Leotards from SOWOT sport that we will hire out to our competition squad. By doing this we intend to continue to use the same SOWOT competition leotard for the next 2 years so people who have bought them can continue to use these and we will supply anyone who hasn't bought one with a hire one for competitions. We are looking at options to get someone to make these for us.

We are looking at all options to find a new company to get our training girls and boys leotards and shorts from and will update you as soon as we have further information. If we can continue with the same fabric we will but this may not be an option. If you have the current club leotard you will of course be able to continue to wear these for the next couple of years even if we end up changing the design.

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# THE COACHING TEAM

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## TRAINEE PROGRAM

We are pleased to welcome four new trainees to our gymnastics coaching program! Welcome to Gabi, Scarlett, Clara & Sophie. Each of them has been a part of our club for many years as dedicated gymnasts. We look forward to seeing them grow and develop in their new coaching roles!



### Congratulations

Huge congratulations to Iago Collins for becoming a fully qualified Level 2 coach! We are delighted that he is continuing his gymnastics journey with NELGC.

## WE WILL BE SAYING GOODBYE

We want to take a moment to say goodbye to three incredible gymnastics coaches: Klaudia, Ava and Edith. Each of them has been a vital part of our club starting their journey as gymnasts and progressing through our trainee program to become fully qualified coaches. As they head off to University in September, we are filled with gratitude for their dedication and passion. We will miss them dearly and wish them all the best in their future endeavours!

