

NEWSLETTER 6

Please read the information below about changes for September 2015

No more queuing, book online.

Some of you may already be aware that we have trialled several online booking systems this term and found Pay Subs Online comes closest to our requirements. Pay Subs Online will be the system used for bookings for the next academic year. summer scheme bookings future payments in 2015/2016. You will be sent an email with a link to book and pay, the system uses Paypal (but you can also use your credit/debit card) which means your booking to be registered immediately and confirmation sent. You will be able to check and update your information online, book courses and check payments made and make payments. To reduce the admin and make the costs more transparent for members payments will be made in monthly instalments. Classes will run for 44 weeks with a 2 week break at Christmas and Easter and a 4 week break in the summer. Some competition teams may be required to train during the breaks and this information will be given to these groups separately.

Membership

Rather than spreading the cost of the Membership across the year, we have created an annual Membership fee that includes your child's Club Kit and the British Gymnastics Membership as required. We think this makes the monthly fee structure more transparent, and makes it easier when people join at different times of the year. Members will now be required to pay the an annual membership fee at the beginning of the year before booking onto the courses. There will be different categories of membership for different classes. To make this clearer you will be sent a link indicating the membership and class you need to book. I hope you will find this system clear and simple to use. We have a huge number of people who will be booking in a short period so we will stagger the bookings throughout June, please bear with us whilst we get to grips with the new system. **Please Note: Everyone has already been allocated a class space and time so you will not loose your place if your booking information is sent later. You will only risk loosing your place if you do not book and pay once the link has been sent. IF YOU DO NOT RECEIVE A LINK BY THE END OF JUNE: Please check your junk box and then email members@nelgc.org.**

Fees

We are introducing a new fee structure and fees will be £8 for the first 45 - 60 min class and £2 for each subsequent half hour trained per week. We hope this will make it more affordable for people wanting to pick up an extra class. Competitive team fees will be capped at £20 per week. Pre-school with parent class fees will remain at £5 per class.

A huge THANK YOU to Ruth who has helped me get this system up and running.

All About Classes

On the website you will see a development route which shows you how you can move through the gymnastics levels and in gymnastics classes. You can also read little bit about the different types of classes we offer.

Timetable

As of September we will be streaming all the classes by level and age. All the existing members and the children who participated in the Sunday taster sessions will be allocated a specific classes based on our assessment of current level and age. This class offer will be sent by email and will provide you with a link to book and pay online. If you are unable to make the time of the class/classes offered you will be able to email a request for an alternative time, however as we have streamed children by age and level in many cases there may be no alternative class. The new timetable will be on the website soon so once you have been offered a class you will be able to check the level etc on the website. Please note not all of the classes of the same level will be suitable for your child as children are age grouped within the classes.

Saturday Gymnastics Classes Have Stopped!

Unfortunately some of the existing coaches will be unable to work on a Saturday and I have been unable to find suitable replacements from September 2015. Once we have suitable coaches to ensure we provide classes of the same quality on a Saturday as we provide on the other days we intend to reinstate the Saturday program. All of the children from the Saturday classes have been allocated a class in the after school program from September 2015, details of these will be sent to you shortly. I do understand that it can be difficult to move things to accommodate these changes but on this occasion we had no alternative.

We just want a fun class

There are classes for children who want to attend once a week and experience gymnastics but do not want to compete at a high level. These children will have opportunities to take part in club competitions, performances and badge testing.

How Can I Progress Faster

Once the children have booked onto the regular classes we intend to also offer some additional classes for children who want to progress faster. These will be especially useful for children who want to gain entry into the competitive classes or who have missed a number of sessions and fallen behind the group in key skills. We will also continue to include into the newsletter or on the website exercises that can be practiced at home which will aid your child's development.

How Do I Get Into One of the Competitive Teams

With the recent successes at international level the popularity of gymnastics is increasing and we have lots of children wanting to do the exciting skills they see on the television. We have a very strong team of squad coaches and we are very keen to encourage children to aim high and reach their potential. Joining a squad group can be a big commitment, its not for everyone, some children will join and not be able to cope and have to move out of the group. Some of these groups are required to train for very long hours 3 + days a week and they will miss out on other activities to fit all the training in. Our development squads start from 4 - 6 year olds with 2 -3 hours a week. Not all of the children selected for these groups will be able to keep up and some children will move across to a less competitive group after a period of time. The key to success is focus and commitment.

Is My Child Too Old To Start

If your child is not selected at this age or starts with the club later we have competitive classes which take part in the Gymnastics For All regional competitions and displays which as designed for children who are training 1 - 4 hours per week.

Welcome back to Amanda.

I'm delighted to let you know that Amanda is back, dance classes will be restarting from September and the timetable is on the website. If you are an existing gymnastics member and would like to dance you do not need to complete the form through the website. Instead you can just email members@nelgc.org with your requested dance class. If you previously danced with Amanda but were not part of the gym Amanda will have sent you an email about how to sign up.

Summer Scheme

Last chance to book onto the holiday camp, you can do this through the website. This is for children aged 8+ years, children will be divided into groups so they can work on the skills they want to develop. Its can also be used as an extra opportunity to work on the tumbling stars skills.

What does my child need to work on?

Which ever group your child attends strength and flexibility will be needed! Keep practicing stretching and strengthening skills at home, all children need to work on chin ups, leg lifts, press up's, dish and arch shapes, splits and bridge.

Please keep looking at the website all the need to know dates are on the Events Page.