

Cookies Policy

What is a cookie?

Cookies are small text files that are stored on your PC, phone or other web-enabled device when you visit the site.

How are cookies used?

Cookies are an essential part of how our website works – they are needed to help provide you with a quick, responsive and personalised web experience. Cookies allow the website to remember actions that you have performed on the site, your preferences and the pages you have visited. They also tell the site that you have returned. Some aspects of the website cannot function effectively without using cookies. They are here to make the site work better for you. You can manage and/or delete these small files as you wish.

Cookies include:

1. Session cookies – these are temporary cookies that remain in the internet browser's folder of your computer until you close the browser. Our website uses a session cookie which is stored in your browser until you close it to ensure connections to our servers are distributed evenly to provide optimal performance.
2. Persistent/Permanent cookies – these remain in the internet browser's folder of your computer for longer than the time you are visiting this website. We need to use a cookie to remember your refusal of our use of cookies. This cookie does not store any other information and is not used for any other purposes. If you delete your browsing history including cookies you will delete this cookie and will therefore need to readjust your browser setting again.

The cookies we use do not track your Internet usage after leaving our website and we do not store your personal information. They will also not be used in connection with any other information to identify you in any way.

Please find below a table detailing the types of cookies used on our website

North East London Gymnastics Club LTD

Cookie name	Life span	Purpose
svSession	Permanent	Creates activities and BI
hs	Session	Security
incap_ses_\${Proxy-ID}_ _\${Site-ID}	Session	Security
incap_visid_\${Proxy-ID}_ _\${Site-ID}	Session	Security
nbi_{ID}	Persistent cookie	Security
XSRF-TOKEN	Persistent cookie	Security
smSession	Two weeks	Identify logged in site members
NID	Sunday, 18 November 2018	Any kind of connection
JSESSIONID	When the browsing session ends	Any kind of connection
TS015217d5	When the browsing session ends	Any kind of connection

Updated 19th May 2018